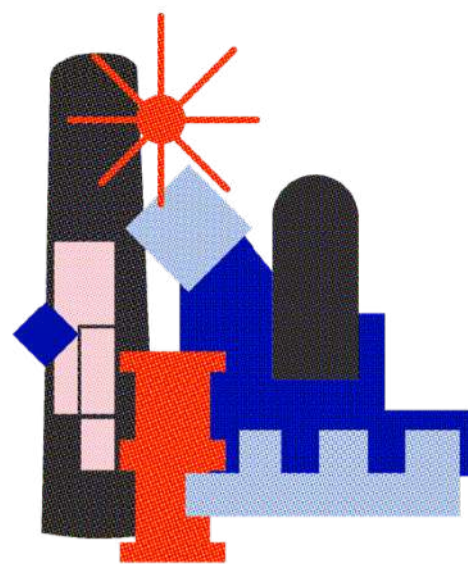


Hospital Rooms X Springfield Hospital

South West London and St George's Mental Health NHS Trust



Tuesday 7th December 2021, London, UK: Hospital Rooms partners with South West London and St George's Mental Health NHS Trust to launch ground-breaking arts programme.

Arts and mental health charity Hospital Rooms has today launched its most ambitious project to date in partnership with South West London and St George's Mental Health NHS Trust. As part of the development of two new mental health facilities at Springfield University Hospital, 20 major artworks have been commissioned to transform how hospital wards are experienced by patients and service users.

Hospital Rooms artists will lead more than 80 art workshops with patients and staff, which will go on to inform the artworks that are created. The project will forge a new path for mental health services, radically transforming how a mental health hospital can look and feel and making access to creative participation central to the culture of care at the Trust.

Director of Nursing at South West London and St George's Sharon Spain commented, *"We are thrilled to be working with Hospital Rooms to undertake this transformational project - one of the largest of its kind in the world. As we work with our partners to develop modern new facilities at Springfield Hospital, a new 32-acre park and hundreds of new homes, we are clear in our ambition to create a community with health and wellbeing at its heart."*

"Research has long demonstrated the positive impact of artistic and creative expression on our mental health. This programme of work is another way we can harness the healing power of art to support mental wellbeing of those we care for, whilst giving a creative voice to our service users, and creating warm and welcoming environments that support recovery."

We have enlisted an internationally acclaimed and diverse roster of artists, many of whom put vulnerable people at the centre of their work and specialise in participatory practice. They include: **Abbas Zahedi, Alvin Kofi, Andrew Pierre Hart, Bindi Vora, Harold Offeh, Hurvin Anderson, Jasmin Sehra, Jo Bruton, Larry Achiampong, Libita Clayton and Nina Royle, Linda Bell, Michelle Williams Gamaker, Richard Rawlins, Rubbena Aurangzeb-Tariq, Susie Hamilton, Sutapa Biswas and Yinka Ilori.**

As part of the co-production process, artists will lead numerous imaginative and adventurous art workshops at the existing Springfield Hospital from January to June 2022 in a Season of Creativity that is generously sponsored by art materials manufacturer Colart. This programme will engage a wide spectrum of the community in a meaningful collaborative experience and ensure the new environments have a relationship with the people who encounter them.

We will also be hosting a special set of workshops in collaboration with the The Courtauld Gallery at their new Learning Centre in Somerset House in central London. Each artist has taken inspiration from The Courtauld's collection and will lead a session that will go on to inform the artwork they create for the hospital. These workshops are free and open to anyone who has used mental health services. Sign up details can be found [here].

We are also partnering with local cultural organisations such as National Opera Studio and ActionSpace to share knowledge of working in these settings and cultivate longer term programming, offering training to occupational staff in leading creative sessions and equipping new activity rooms with quality art materials with the support of Colart. As a result of this project, participants will have their creative talent sparked and be immersed in accessible, appealing and abundant cultural opportunities all around them. The artwork and new opportunities for expression will give people a voice and sense of dignity at what can be a distressing time.

Hospital Rooms has undertaken eight months of research and development in preparation for this project which has included leading art workshops with inpatients (D/deaf, Eating Disorders, Acute, PICU and Forensics), a summer art school for Recovery College students, and a virtual creative day for service user representatives, family and carers. The charity has also delivered 20 weekly Digital Art School sessions to further embed its relationship with the community at Springfield and gain feedback on the types of experiences that people are responding to best. Over 25 interviews with former inpatients and a comprehensive evidence review have been conducted by a member of the Hospital Rooms team who has experience of being sectioned. This work has informed our selection of artists, the identification of high impact spaces for artworks, the artist training programme and our plan for patient experience.

Through collaboration with the clinical teams at SWLSTG, researchers at Norwich University of the Arts, the World Health Organisation, Wandsworth Council and local cultural partners, we aspire to evidence the positive impact of arts intervention projects in mental health hospitals at local, national and international level and influence strategic and wide reaching change.

The project is supported by a wide variety of partners without whom it would not be possible. We are very grateful to: **Arts Council England, Baring Foundation, WHO Artist Response Fund, Anthropologie, Hauser & Wirth, South West London and St George's NHS Trust Charitable Fund, Courtauld, Norwich University of the Arts, CF Moller, Colart, Winsor & Newton, Graphenstone, Wandsworth Council, National Opera Studio, Matt's Gallery and ActionSpace.**

Hospital Rooms is a registered charity in England and Wales: 1168101.
www.hospital-rooms.com / info@hospital-rooms.com



Supported using public funding by
**ARTS COUNCIL
ENGLAND**

**The Baring
Foundation**



The Courtauld

**CF MØLLER
ARCHITECTS**

NHS
South West London and
St George's Mental Health
NHS Trust

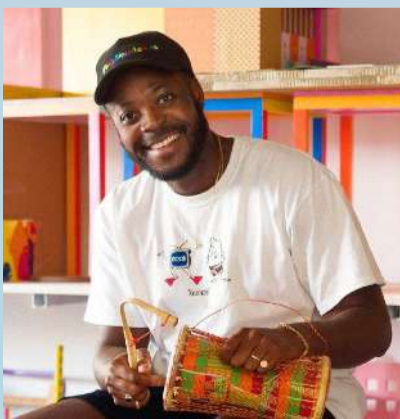


HAUSER & WIRTH



ANTHROPOLOGIE

Our Artists



Left to right: Abbas Zahedi, Alvin Kofi, Andrew Pierre Hart (image Michael Forbes), Bindi Vora, Harold Offeh, Hurvin Anderson, Jasmin Sehra, Jo Bruton, Larry Achiampong, Libita Clayton and Nina Royle, Linda Bell, Michelle Williams Gamaker, Richard Rawlins, Rubbena Aurangzeb-Tariq, Susie Hamilton, Sutapa Biswas, Yinka Ilori.

From January to June 2022, our artists will lead over 80 workshops during our Season of Creativity sponsored by Colart and Winsor & Newton with the Springfield Hospital community to inform the artworks that they create for the new hospital.

Starting in May and continuing through to September, those artworks will be installed in the new hospital and in October 2022, it will open to provide care for up to 20,000 people with mental health difficulties at any one time.

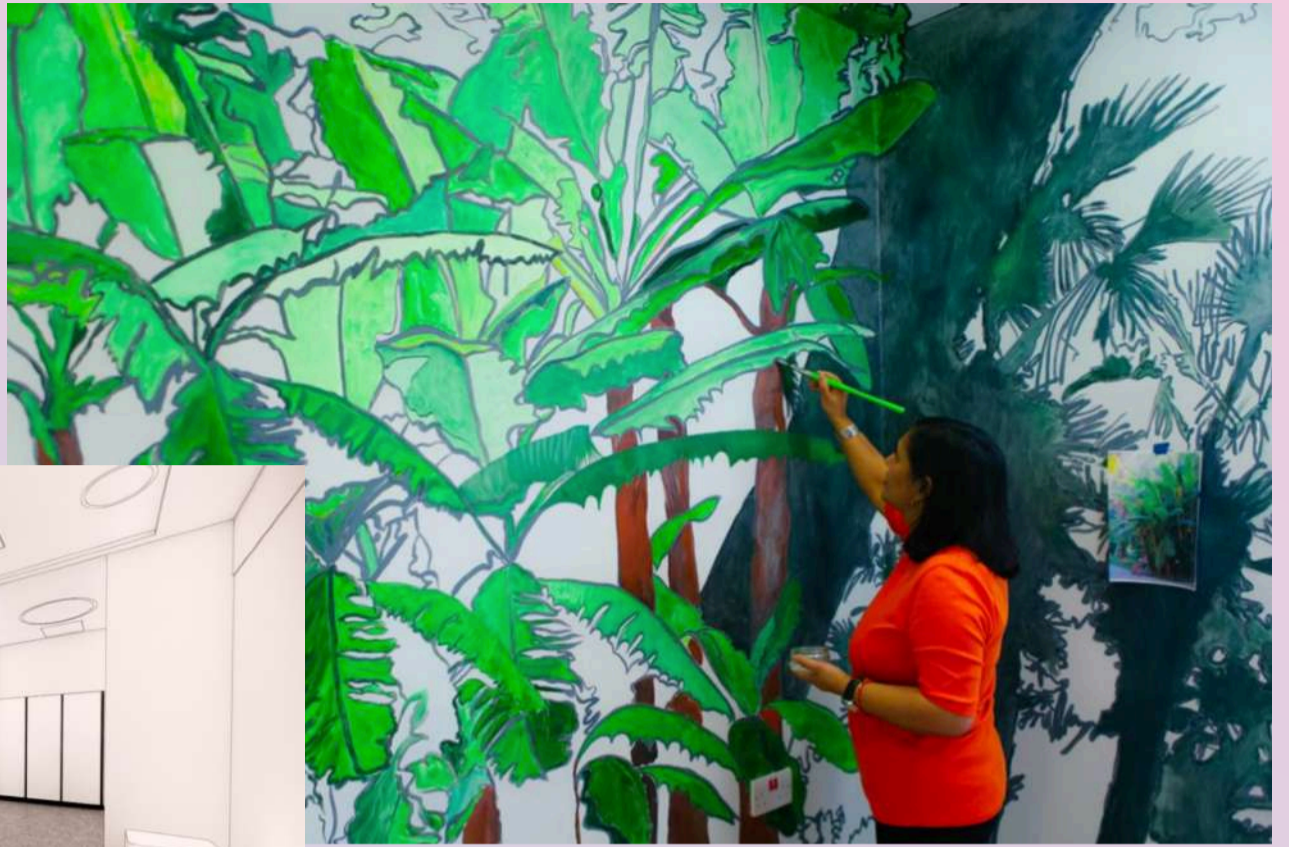


Architectural renderings from CF Moller



Yinka Ilori will create a major wall mural for the atrium entrance at the new hospital (pictured right).





Sutapa Biswas will create an installation for the Multi Faith Room



Jasmin Sehra will create an artwork for the Children and Adolescent waiting area



Season of Creativity

January - June 2022

Sponsored by
Colart and Winsor & Newton

Our artists will work in collaboration with patients and staff through art workshops to create their artworks. They will listen to the ideas, experiences and opinions of those who will encounter the work and create pieces that are relevant to them. Many of our workshops take place on inpatient mental health wards with service users who might be under a Section of the Mental Health Act. **At Springfield Hospital, we will run a 9 week creative course in the forensic service, as well as workshops in wards providing care for OCD, schizophrenia, acute mental health difficulties and for D/deaf mental health service users.** We ensure every session is accessible and engaging for people who have severe and enduring mental health conditions.

We also lead creative sessions with the wider community for those who may have been discharged from mental health services. These will take place at the SWLSTG Recovery College and off-site at The Courtauld Gallery Learning Centre in Somerset House, Central London.

We want to give people an opportunity to share their experiences and to support and inform our artists. We are also working to generate connections between local cultural and commercial organisations who may support individuals to access creativity and skills development on a longer term basis.

The artworks for this project and our workshops are being generously supported by Colart and Winsor & Newton who are donating £20,000 of professional quality art materials. This will also allow us to equip the activity rooms of the new hospital with abundant supplies of materials to ensure the creative culture at the hospital can be maintained.



“To have somebody come along and invite you to take part in a workshop and listen to you and talk to you as an equal, that really validates you as a human being.”

Patient
Mother and Baby Unit, Devon Partnership Trust



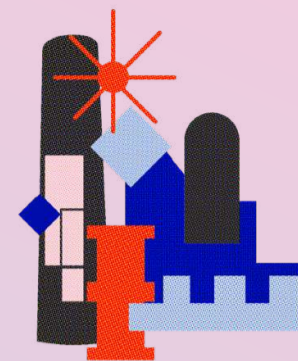
The Courtauld Art Workshops

Term 1: 18 Jan - 22 February 2022

We are thrilled to be partnering with The Courtauld Gallery for the first time through this project. Having recently reopened in Autumn 2021 following a major transformation project, the brand new Courtauld Learning Centre will host two terms of Hospital Rooms art workshops. Each artist has taken inspiration from The Courtauld's collection and will lead a session that will go on to inform the artwork they create for the hospital.

These workshops are free and aimed at anyone who has used mental health services. Participants can sign up via Eventbrite on a first come first serve basis. No arts experience is necessary, and all materials and refreshments will be provided. Please let us know of any dietary requirements or access/transportation needs by emailing Jen Cheema jen@hospital-rooms.com.

All sessions at The Courtauld Gallery will be supported by a BSL interpreter. A second term will be announced in January 2022. We will be taking a rigorous approach to Covid asking participants to take a lateral flow test prior to attending, wearing masks, allowing social distancing and avoiding sharing materials.



<p>Tuesday 18/01/2022 2-4pm</p>	<p>Michelle Williams Gamaker</p>	<p>This two-part workshop will take inspiration from the Medieval Room at the Courtauld. Join Michelle Williams Gamaker to view the captivating worlds within the multi-paneled paintings, each section depicting different subjects and scenes. In the first session, we will zoom in to the details and symbolic “props” within these paintings to think about the ways in which these artists tell their stories. The paintings reveal exquisite details of birds, trees, ladders and books to name but a few, we will create our own props to tell our stories, using a selection of found images that we will help us collage our own scene. These images will then be photocopied to acetate so that we can create a transparency to build the layers of our story in connection with other members of the group. (You can attend one or both of these sessions)</p>
<p>Tuesday 25/01/2022 2-4pm</p>	<p>Michelle Williams Gamaker</p>	<p>During this second session with Michelle Williams Gamaker we will use the transparencies created in the first session to make a densely layered world built of memories and stories. As a group we can decide if we will work collectively on a group collage, or like the painters create separate panels, which will make up a bigger picture. (You can attend one or both of these sessions)</p>
<p>Tuesday 01/02/2022 2-4pm</p>	<p>Alvin Kofi</p>	<p>During this session, Alvin Kofi will reflect on how the African Mask is intrinsically linked to major art historical movements such as Impressionism, Abstraction and Realism. Our workshop begins with the Mbulu Ngulu mask in the Courtauld collection and explores its influence in examples of Impressionist painting. At the Learning Centre, we will explore ways we can re-present the human face in mask form using a variety of art materials. Participants will be invited to think about the workshop themes in relation to the new artwork that Kofi will create for a large communal area near the Tribunal Rooms in the new Springfield Hospital.</p>
<p>Tuesday 08/02/2022 2-4pm</p>	<p>Susie Hamilton</p>	<p>This two part workshop will take inspiration from the <i>Van Gogh. Self Portraits</i> exhibition at the Courtauld. Join Susie Hamilton to view extraordinary Van Gogh paintings in the gallery and then create your own self portraits in different poses or attire (hats and scarves provided!) We will learn about Van Gogh's developing use of colour from his somber, tonal work to his later chromatic painting. (You can attend one or both of these sessions)</p>
<p>Tuesday 15/02/2022 2-4pm</p>	<p>Susie Hamilton</p>	<p>During our second session, you will have more time to work on your self portraits inspired the but Van Gogh exhibition. We will also reflect on how we choose to represent ourselves and our surroundings and how this might inform the artwork that Susie will create for the main stairwell at the new Springfield Hospital. (You can attend one or both of these sessions)</p>
<p>Tuesday 22/02/2022 2-4pm</p>	<p>Richard Rawlins</p>	<p>During this session you will explore masterpieces by Cezanne, Seurat and Monet that depict vast and epic scenes in the Courtauld Gallery. Richard Mark Rawlins will then describe how these images of horizons are a powerful visual metaphors for possibility and potential. Join him for a Lino printing workshop where we will explore how different depictions of vast landscapes can open up space both architecturally but also in our imaginations. We will also discuss the artwork that Richard will create for the Seclusion Rooms at the new Springfield Hospital.</p>

SWLSTG Recovery College

Art Workshops

We are also delighted to be running workshops at the SWLSTG Recovery College. These will be free and open to anyone who has been discharged from mental health services at SWLSTG in the past year or their friends, family or carers. All participants will have the opportunity to do a creative activity and to contribute to the artworks that will be created for the new Springfield Hospital.

Sign up by emailing: RecoveryCollege@swlstg.nhs.uk. No arts experience is necessary, and all materials are provided. Special refreshments will be available. All sessions will be supported by a BSL interpreter. The 2nd term will be announced in January 2022.

We will be taking a rigorous approach to Covid asking participants to take a lateral flow test prior to attending, wearing masks, allowing social distancing and avoiding sharing materials. Website: <https://www.swlstg.nhs.uk/south-west-london-recovery-college>, Twitter: @RecoverySWLSTG, Tel: 0203 513 5808

Thursday 13/01/2022 2-4pm	Michelle Williams Gamaker	This two-part workshop will take inspiration from Medieval paintings. Join Michelle Williams Gamaker to view the captivating worlds within the multi-paneled paintings, each section depicting different subjects and scenes. In the first session, we will zoom in to the details and symbolic "props" within these paintings to think about the ways in which these artists tell their stories. The paintings reveal exquisite details of birds, trees, ladders and books to name but a few, we will create our own props to tell our stories, using a selection of found images that we will use to help us collage our own scene. These images will then be photocopied to acetate so that we can create a transparency to build the layers of our story in connection with other members of the group. (You can attend one or both of these sessions)
Thursday 20/01/2022 2-4pm	Michelle Williams Gamaker	During this second session with Michelle Williams Gamaker we will use the transparencies created in the first session to make a densely layered world built of memories and stories. As a group we can decide if we will work collectively on a group collage, or like the painters create separate panels, which will make up a bigger picture. (You can attend one or both of these sessions)
Thursday 27/01/2022 2-4pm	Alvin Kofi	Alvin Kofi was a finalist of Sky Arts Portrait Artist of the Year. During this session, he will share examples of mbulu-ngulu masks and discuss how they are linked with many Western art movements. We will create our own masks using a variety of art materials. We will also think about the new artwork that Kofi will create for a large communal area near the Tribunal Rooms in the new Springfield Hospital.
Thursday 03/02/2022 2-4pm	Susie Hamilton	Artist Susie Hamilton often paints isolated figures that are depicted in various scenes of wilderness, whether that is the arctic tundra or the crowded shopping mall. During this two part workshop, we will explore how different environments can help us to use a solitary experience to channel and cultivate creative expression. Using poetry as our starting point, we will create our own compositions that experiment with ideas around nurturing and inspiring places. (You can attend one or both of these sessions)
Thursday 10/02/2022 2-4pm	Susie Hamilton	During our second session, you will have more time to work on your painted compositions. We will also reflect on the ways environments can support our ability to be creative and how this might inform the artwork that Susie will create for the main stairwell at the new Springfield Hospital. (You can attend one or both of these sessions)
Thursday 17/02/2022 2-4pm	Richard Rawlins	Richard Mark Rawlins is interested in how horizons are powerful visual metaphors for possibility and potential. Join him for a Lino printing workshop where we will explore how different depictions of vast landscapes can open up space both architecturally but also in our imaginations. We will also discuss the artwork that Richard will create for the Seclusion Rooms at the new Springfield Hospital.
Thursday 24/02/2022 2-4pm	Harold Offeh	Harold Offeh's work draws on the joy of participatory creativity. During this 6 week course, he will work with students at the Recovery College to collaboratively develop an artwork that will eventually be installed at the Recovery College at the new Springfield Hospital. We will be creating our own ceramic tiles that respond to themes of pleasure and joy. Over 6 sessions we will design a tile using images, pattern and text, produce it by rolling out clay and using various techniques to embellish it, and finally firing and glazing the tiles. The last phase will be to view the tiles as one collaborative artwork and reflect on the significance of the finished pieces. Ideally and with permission, this would be recorded. Participants will keep their finished tile and if they would like, it will be documented and shared on the Hospital Rooms website with their audio commentary. The tiles will form the inspiration for a large scale mural by Harold that will be painted directly on to the walls of the new Recovery College. During our final session, we will visit the Courtauld Gallery in Central London (transport provided), view masterpieces that also reflect on pleasure and joy and add the final embellishments to our tiles. PLEASE NOTE THIS FINAL SESSION IS ON A TUESDAY. (This course is designed for participants to attend all 6 sessions)
03/03/2022	Harold Offeh	
10/03/2022	Harold Offeh	
17/03/2022	Harold Offeh	
24/03/2022	Harold Offeh	
Thursday 31/03/2022 2-4pm	Yinka Ilori	If chairs could talk, what would they say? Join us for a 2 part chair upcycling workshop with the Hospital Rooms team following Yinka Ilori's workshops on inpatient wards. Inspired by traditional Nigerian parables and African Ankara fabrics, the sessions will enable you to re-design a second hand chair using fabric, vivid paint and various patterns. With traditional Nigerian music playing through the sessions, we'll discuss our own stories and contribute to the artwork that Yinka will create for the Atrium in the new Springfield Hospital. (You can attend one or both of these sessions)
Thursday 07/04/2022 2-4pm	Yinka Ilori	In this second workshop, you will continue to re-design your second hand chair. The completed chairs will be documented and participants will be invited to record a story that sheds some light on their inspiration. You can take your chair home or donate it to the new Springfield Hospital. (You can attend one or both of these sessions)

Season of Creativity

Full Programme - Term 1

More workshops to be announced in January 2022

Thurs	10:30-12pm	13/01/2022	Jupiter Ward	Michelle Williams Gamaker	
Thurs	2-4pm	13/01/2022	Recovery College	Michelle Williams Gamaker	
Tues	2-4pm	18/01/2022	Courtauld	Michelle Williams Gamaker	Sign up
Weds	7pm	19/01/2022	Cadogan Hall Concert	National Opera Studio	
Thurs	10:30-12pm	20/01/2022	Jupiter Ward	Michelle Williams Gamaker	
Thurs	2-4pm	20/01/2022	Recovery College	Michelle Williams Gamaker	
Tues	2-4pm	25/01/2022	Courtauld	Michelle Williams Gamaker	Sign up
Thurs	10:30-12pm	27/01/2022	Phoenix Ward	Alvin Kofi	
Thurs	2-4pm	27/01/2022	Recovery College	Alvin Kofi	
Tues	2-4pm	01/02/2022	Courtauld	Alvin Kofi	Sign up
Thurs	2-3pm	03/02/2022	Digital Art School	Ruby Elliot	Sign up from Jan 22
Thurs	2-4pm	03/02/2022	Recovery College	Susie Hamilton	
Thurs	10:30-12pm	03/02/2022	Seacole Ward	Susie Hamilton	
Tues	2-4pm	08/02/2022	Courtauld	Susie Hamilton	Sign up
Thurs	2-3pm	10/02/2022	Digital Art School	Alvin Kofi	Sign up from Jan 22
Thurs	2-4pm	10/02/2022	Recovery College	Susie Hamilton	
Thurs	10:30-12pm	10/02/2022	Acute Ward	Susie Hamilton	
Tues	2-4pm	15/02/2022	Courtauld	Susie Hamilton	Sign up
Weds	2-4pm	16/02/2022	Avalon Ward	Jo Bruton	
Thurs	2-3pm	17/02/2022	Digital Art School	Poppy Lennox	Sign up from Jan 22
Thurs	2-4pm	17/02/2022	Recovery College	Richard Rawlins	
Tues	2-4pm	22/02/2022	Courtauld	Richard Rawlins	Sign up
Tues	10-11:15am	22/02/2022	Forensic Ward	Richard Rawlins	
Thurs	2-3pm	24/02/2022	Digital Art School	Sue Dray	Sign up from Jan 22
Thurs	2-4pm	24/02/2022	Recovery College	Harold Offeh	
Tues	10-11:15am	01/03/2022	Forensic Ward	Hospital Rooms	
Weds	10-2pm	02/03/2022	Virtual Workshop Day	Hospital Rooms	
Thurs	2-3pm	03/03/2022	Digital Art School	Petra Borner	Sign up from Jan 22
Thurs	2-4pm	03/03/2022	Recovery College	Harold Offeh	
Tues	10-11:15am	08/03/2022	Forensic Ward	Andrew Pierre Hart	
Weds	2-4pm	09/03/2022	Bluebell Ward	Rubbena Aurangzeb-Tariq	
Thurs	10:30-12pm	10/03/2022	Avalon Ward	Yinka Ilori	
Thurs	2-3pm	10/03/2022	Digital Art School	Dan Howard Birt	Sign up from Jan 22
Thurs	2-4pm	10/03/2022	Recovery College	Harold Offeh	
Tues	10-11:15am	15/03/2022	Forensic Ward	Andrew Pierre Hart	
Weds	2-4pm	16/03/2022	Bluebell Ward	Rubbena Aurangzeb-Tariq	
Thurs	2-3pm	17/03/2022	Digital Art School	Hester Finch	Sign up from Jan 22
Thurs	2-4pm	17/03/2022	Recovery College	Harold Offeh	
Tues	2-4pm	22/03/2022	Courtauld	Rubbena Aurangzeb-Tariq	Sign ups available from Jan 22
Tues	10-11:15am	22/03/2022	Forensic Ward	Bindi Vora	
Thurs	2-3pm	24/03/2022	Digital Art School	Siphiwe Mnguni	
Thurs	2-4pm	24/03/2022	Recovery College	Harold Offeh	
Tues	2-4pm	29/03/2022	Courtauld	Harold Offeh	
Tues	10-11:15am	29/03/2022	Forensic Ward	Abbas Zahedi	
Thurs	2-4pm	31/03/2022	Recovery College	Yinka Ilori	
Mon	10:30 - 12pm	04/04/2022	Children and Adolescents	Hospital Rooms	
Mon	1:30 - 3pm	05/04/2022	Children and Adolescents	Hospital Rooms	
Tues	10-11:15am	05/04/2022	Forensic Ward	Andrew Pierre Hart	
Tues	2-4pm	05/04/2022	Courtauld - Young people	Bindi Vora	
Wed	10:30 - 12pm	06/04/2022	Children and Adolescents	Jasmin Sehra	
Wed	1:30 - 3pm	07/04/2022	Children and Adolescents	Jasmin Sehra	
Wed	3:30 - 4:30pm	08/04/2022	Children and Adolescents	Jasmin Sehra	
Thurs	2-4pm	07/04/2022	Recovery College	Yinka Ilori	
Tues	2-4pm	12/04/2022	Courtauld	Siphiwe Mnguni	
Tues	10-11:15am	12/04/2022	Forensic Ward	Hospital Rooms	
Tues	2-4pm	19/04/2022	Courtauld	Molly Bonnell	
Tues	10-11:15am	19/04/2022	Forensic Ward	Hospital Rooms	
Tues	2-4pm	26/04/2022	Courtauld	Valerie Amani	
Weds	10- 2pm	26/04/2022	Virtual Workshop Day	Hospital Rooms	

Digital Art School

As part of our Season of Creativity, we will also be running a series of virtual workshops for people who are unable to attend classes in person. We will embed the Digital Art School into the services at Springfield Hospital as a long term programme.

In March 2020, all of our in-person projects were stopped due to Covid-19. We could no longer enter wards. Service users had no access to the outside world, no access to a creative community. All leave had been stopped including family visits and therapy. People were extremely isolated but in response to that, the NHS trusts were purchasing iPads and tablets and getting WiFi on wards, for the very first time.

We made the case to say that this technology could also be used to give people creative access. We worked rapidly with Occupational Therapists, Nurses and Activity Co-ordinators to figure out how could we run workshops in the safest way possible. For our first Digital Art School workshop we had 64 units attend. Prior to this, we would reach only 6 units in a year with in-person workshops on wards.

The Digital Art School is now a core aspect of our programming and demands the same quality of our in-person workshops, but instead are held via Zoom. So far we have seen attendances at our virtual workshops reach up to 300 people in a single session. We won a 'Webby Award' 2021 in the Best Virtual & Remote: Health & Wellness category, with positive feedback including; 'Hospital Rooms created the most brilliant 'covid pivot' ever!' The project has also been the subject of an article 'Adapting an Art Group for D/deaf People on a Mental Health Ward during the Pandemic' which cited the various accessibility measures we have taken to ensure participation from the D/deaf community (this ward attends every week). We are continuing to investigate other ways of improving the Digital Art School through avenues such as social prescribing and are planning a pilot for 2022.

We are getting the country's top arts educators to lead workshops including; Eileen Cooper, Richard Wentworth, Mark Titchner and Sara Berman for the most vulnerable and segregated members of society.



Hospital Rooms



Hospital Rooms is an arts and mental health charity that radically transforms mental health hospitals with museum quality art. It was started by artist Tim A Shaw and curator Niamh White in 2016 after their close friend was sectioned under the Mental Health Act following a suicide attempt and the environment she stayed in was bleak, run down and not conducive to recovery. Our artists now work in partnership with patients and staff to make art and creativity part of the culture of care in these hospitals and radically transform how they look, feel and are experienced.

The charity has worked with Springfield Hospital on two previous projects including on the Phoenix Ward, for people with a diagnosis of schizophrenia, and the Recovery College (pictured below)

We continue to work with the Recovery College through this project with many creative sessions being designed and led with tutors and students. The Recovery College provides courses for people who have been discharged from mental health services over the past year.



Recovery College, SWLSTG, London

“Hospital Rooms brings art to those most in need of what it can bring: hope, a view of another world and healing.”

Stephen Felmingham

Head of School Critical and Cultural Studies, Plymouth College of Art

“Art is so important for stimulating that sense of wanting to go.”

Patient

Mother and Baby Unit, Devon Partnership Trust

“What you guys have done is change something that is dark into something that is beautiful.”

Patient

Forensic Unit, Sussex Partnership NHS Trust



Julian Opie, Mother and Baby Unit, Devon



Rose Pilkington, De-Escalation Room, Psychiatric Intensive Care, Devon



Cara Nahaul, Northside House, Forensic Unit, Norwich



Mark Titchner, Bevan Ward, Men's Rehabilitation, London

"The Hospital Rooms project is one of those rare initiatives that combines seamlessly first-rate artists and real engagement with the patient and caregiver community to go beyond mere pleasant decoration. They transform austere patient holding areas into nurturing and healing environments, respecting not only the art and the science, but the essence of compassion which unites the two."

**Christopher Bailey, Arts and Health Lead,
World Health Organisation**

‘Our patients have loved this process. Some, who have never before engaged in art have cut their leave short to attend sessions, others have wept tears of joy, described the workshops as 'the best day of their lives' and told us the sessions have eased times of utter despair.’

Staff member, Hellingly Centre, Sussex Partnership NHS Trust



Sara Berman, Bevan Ward, Men's Psychiatric Intensive Care, London



Jade Montserrat, Northside House, Forensic Unit, Norwich



Hospital Rooms Exhibition at 30 Old Burlington Street



Hospital Rooms Exhibition at 30 Old Burlington Street

“Beyond the beautiful works of art that are being created in our hospital, is the tangible sense of hope and empowerment that you guys are instilling in our patients. They are gobsmacked that anyone wants to spend time with them, and do something so beautiful for them. That you guys even cared enough to choose them to work with. Because these are people who are not used to being chosen to do nice things. They are not used to being seen or heard. That is why they cried during the workshops, because these days really have been some of the best of their lives. You have done something magical. You have reached the unreachable.”

**Staff member
Forensic Unit, Sussex Partnership NHS Trust**